

# SENIOR PILGRIMAGE – 2018

## Departure from Bellarmine Saturday Morning

1. Please be in the back parking lot, (A, B and C) by 7:30am. Consider carpooling as Bellarmine cannot be responsible for your vehicle over the weekend.
2. Check in with the rectors, boys – Jackson Kelley, girls – Sam McKiernan.
3. Stow your gear under the buses and take your backpack on the bus.
4. The bus ride is about 1.5 hours. If you want your pillow on the bus, you can bring it. Make sure it is labeled or identifiable. Consider putting it in a plastic garbage bag so it doesn't get dirty or wet.

## The Hike

1. Wear sturdy, broken-in shoes – good tennis shoes or lightweight hiking shoes. No new shoes!
2. Consider dressing in layers of wicking fabrics. Most people will end up hiking in shorts and a lightweight shirt. Temperature is cooler in the foothills, so please bring some layers for warmth. If the forecast is anything but good, please pack raingear, hats and gloves.
3. You will need to carry your lunch and water in your backpack. It is critical that you have enough water to prevent dehydration, especially if the temperatures are high. Bring 2 liters of water.
4. Carry in your backpack your lunch, water, additional clothes if needed and cameras for memories.

## The Campground and Evening

1. You will be asked to collect your gear that was stowed under the buses. This task is easier for you if everything is in one bag = sleeping bag, sleeping pad, pillow, clothing and personal items.
2. Typically the temperatures drop considerably at dusk. Changing into clean dry warm clothes and fresh shoes and socks can be quite refreshing!
3. It often rains on Saturday evening. Rain jackets, rain pants and hats do not take up much space!
4. **You will need a working flashlight!**
5. Please bring a plastic bag to protect all of your gear during the night. It is unfortunate when seniors have only wet clothes to put on in the morning.

## Sunday

1. Our campground has flushing toilets and port-a-potties, but little access to mirrors or electricity. Purell and hats!
2. After breakfast and packing, we will have a short walk. Please pack in your backpack your lunch/snacks for Sunday. (Be smart about what this lunch contains. No dairy or mayo!) You will not have access to your large bag under the bus.
3. We will return to the back lot at Bellarmine in the afternoon – we anticipate around 1:00pm.

## To Bring

Sleeping bag/Sleeping pad	Water	Hiking clothes for Sun
Pillow/ <b>Flashlight</b>	Sunday lunch	Rain Gear/Hat/Gloves
Saturday lunch	Warm clothes for Sat eve	Personal Items ie toothbrush

Label your gear so you take what is yours, or your lost items can be returned to you!

## What Not to Bring

1. Please do not bring technology that isolate you from others or are exclusive. Reception is exceptionally poor during the day. Conserve phone battery and turn phones off until you need to contact your parents regarding our return time to Bellarmine.
2. The use or possession of any drugs is unacceptable. School regulations are in effect.
3. Although standard camping or outdoor equipment, knives or axes are not needed and should not be brought.